Contours Beauty Ink

Chemical Peel Aftercare

What to Expect

Temporary tightness, dryness, mild redness and flaking may occur. Recovery varies by treatment and skin response. Allow skin to shed naturally; do not pick or pull peeling skin.

Post Care Precautions

1. Do not cleanse skin for 12 hours after the peel.

2. Do not put face directly under a hot shower.

3. Do not use Jacuzzis, steam rooms or saunas.

4. Do not participate in activities that would cause excessive sweating.

5. Do not use any scrubs or mechanical forms of exfoliation.

6. No scrubs, retinoic acids, AHAs, BHAs, or astringents until the skin has healed.

7. DO NOT PEEL OR PICK AT THE SKIN.

Post-Peel Kit - Post Peel Home Care Directions

Use the cleanser, serum, moisturizer and sunscreen included in your post-peel kit for the steps below.

1. After 12 hours cleanse with the cleanser, applying to fingertips and lightly cleanse in a circular motion over face and neck. DO NOT USE A CLOTH. Rinse with cool water and pat dry.

2. Apply 2 drops of serum, allow to dry.

3. Apply moisturizer to entire treated area.

4. Avoid direct sunlight for the duration of the peel. Apply broad-spectrum sunscreen SPF 37. SUN PROTECTION AT ALL TIMES IS VERY IMPORTANT.

5. Continue normal home regimen after peeling is completed. The use of retinols can resume 14 days after the peel.

Additional Sun Protection

Reapply sunscreen every 2 hours outdoors and after sweating, following the product label. Seek shade, wear a wide-brimmed hat and avoid tanning beds.

When to Contact Us or Seek Care

Contact us promptly for unexpected or worsening burning, itching, swelling, persistent redness or irritation. Seek medical care promptly for severe or increasing pain, blistering, open sores, spreading redness or warmth, pus, fever or eye symptoms. Do not wait for a salon reply for severe symptoms. Call 911 for difficulty breathing or swelling of the lips, tongue or throat.

Spa phone: 714-312-9483