Contours Beauty Ink

Lash & Brow Aftercare

Thank you for trusting us with your lashes and brows. Follow the sections that apply to your treatment and your practitioner's instructions. Aftercare timing depends on the exact products used.

EYELASH EXTENSIONS & FILLS

Follow the adhesive-specific water and cleansing timing provided by your practitioner. Do not assume every adhesive requires a 24-hour dry period. Avoid steam, excessive heat, and swimming for the interval your provider specifies.

Once cleansing is permitted, clean lashes daily with the recommended extension-compatible cleanser. Rinse thoroughly and gently blot dry without rubbing. Brush gently with a clean spoolie when dry; avoid catching the lash bases.

Remove makeup gently. Avoid waterproof mascara and products your provider identifies as incompatible with your adhesive. Mascara is generally unnecessary, especially with volume fans.

Do not use lash curlers, cut extensions, or pull, twist, or pick at lashes. Avoid direct heat from hair dryers, ovens, or flames. Reduce pressure on your lashes while sleeping.

Natural lash shedding is expected. Arrange fills about every 2-3 weeks or as advised. Have extensions removed professionally rather than pulling them off.

LED / LIGHT-CURED EXTENSIONS

Follow the extension care above and the instructions for the light-cured adhesive used. Some systems allow immediate water exposure; your provider will confirm. Light curing does not eliminate the possibility of adhesive allergy or irritation.

TEMPORARY CLUSTERS & EXTENSION REMOVAL

For clusters, follow the specific product's wear limit and removal method. Do not treat temporary clusters as long-term individual extensions. Never pull them off or use household solvents near your eyes.

After professional removal, cleanse gently as directed. Avoid rubbing or pulling remaining natural lashes. Ask your provider before reapplication if lashes or eyelids are irritated.

LASH LIFT

Follow your provider's product-specific timing for water, makeup, heat, and swimming. A blanket "keep dry for 24-48 hours" rule does not apply to every lifting system.

Avoid rubbing, pulling, lash curlers, and pressure on the lashes. Brush gently with a clean spoolie. Use only the recommended conditioning product, starting when advised.

Avoid waterproof mascara and harsh makeup removal. Do not attempt to reverse or repeat a lift at home. Book another lift only when your provider confirms your lashes are ready.

BROW LAMINATION

For the initial period specified by your provider, avoid wetting the brows, steam, saunas, swimming, heavy sweating, and brow makeup. For Elleebana brow lamination, avoid brow cosmetics and styling for the first 48 hours unless current product instructions direct otherwise.

Do not rub, scratch, press, or sleep directly on your brows. After the initial restriction period, gently cleanse and style with a clean spoolie as directed.

Apply a recommended conditioning serum only at the advised time. Keep scrubs, exfoliating acids, and retinoids off the treated brow area while sensitive. Ask your prescriber before changing prescription products.

LASH & BROW TINT

Follow the timing provided for cleansing, water, and makeup. Avoid rubbing or scrubbing the tinted area; use gentle, compatible cleansers and makeup removers.

Tint gradually fades. Frequent scrubbing, exfoliation over brows, and swimming can shorten color retention. Do not re-tint irritated skin or attempt home correction.

DAILY CARE & WHEN TO GET HELP

Wash hands before touching the area. Keep tools clean and do not share eye makeup. Report new allergies, medications, eye conditions, or skin irritation before future visits. Stop using any product that causes irritation.

Contact us promptly about unusual itching, irritation, redness, lash breakage, or an unexpected result. Seek prompt medical care for eye pain, blurred or changed vision, marked swelling, persistent burning, discharge, or suspected chemical exposure. Do not wait for a salon reply. Call 911 for difficulty breathing or swelling of the lips, tongue, or throat.

Thank you for choosing Contours Beauty Ink. Please keep this handout for reference.