Contours Beauty Ink

Waxing Aftercare

Thank you for visiting us. Gentle care helps reduce irritation and keeps your skin comfortable after waxing. Follow any personalized instructions provided for your service.

WHAT TO EXPECT

Mild redness, tenderness, slight swelling, or small bumps around hair follicles may occur. These should gradually improve, often within a few hours to 48 hours. Increasing pain, spreading redness, blistering, or broken skin should not be dismissed as routine.

FIRST 24-48 HOURS - LONGER IF SKIN REMAINS IRRITATED

Avoid hot baths or showers, saunas, steam rooms, hot tubs, swimming, strenuous exercise, and heavy sweating. Use lukewarm water when cleansing.

Wear clean, loose-fitting clothing and reduce rubbing or pressure over waxed areas. For bikini or Brazilian waxing, avoid sexual activity and other friction during this period and while skin is sensitive.

Avoid tanning, direct sun, self-tanner, fragranced lotions, body sprays, and products that sting. Avoid makeup on freshly waxed facial areas for about 24 hours and until irritation settles.

Do not scratch, pick, squeeze bumps, or touch the area unnecessarily. Wash your hands before applying products.

CLEANSE, SOOTHE & PROTECT

Gently cleanse with a mild, fragrance-free cleanser; pat dry. Apply a gentle fragrance-free moisturizer if needed. Use a clean, cool compress for mild discomfort; do not place ice directly on skin.

Protect exposed areas with clothing and shade. Apply broad-spectrum SPF 30 or higher to intact skin; reapply about every 2 hours outdoors and after swimming or sweating, following the label.

EXFOLIATION & INGROWN-HAIR CARE

Wait at least 48-72 hours and until skin is fully calm before gentle exfoliation, if recommended. Start conservatively with a suitable product; do not scrub sensitive, broken, or intimate mucosal skin.

Keep skin moisturized and do not dig out ingrown hairs. Pause retinol, exfoliating acids, benzoyl peroxide, and other irritating products on treated areas until advised to resume. Ask your prescriber before changing prescription skin treatments.

Delay peels, dermaplaning, microdermabrasion, laser treatments, and repeat waxing until skin has recovered and the appropriate provider confirms timing.

WHEN TO CONTACT US OR SEEK CARE

Contact us for unexpected reactions or symptoms that do not improve within 48 hours. Seek medical care promptly for severe or increasing pain, blistering, significant bleeding or skin loss, spreading redness or warmth, pus, fever, or a widespread rash. Do not wait for a salon reply. Call 911 for breathing difficulty or swelling of the lips, tongue, or throat.

Waxing appointments are often spaced 4-6 weeks apart; timing varies by area, hair growth, and skin response. Tell your provider about new medications, allergies, or recent skin treatments before every visit.